

# NAPM- Denver Special Event: 1 CEH for Dinner Speaker

APRIL 19<sup>TH</sup>, 2012

5:30 pm – 6:00 pm- Networking

\*\*\* 6:00 pm- Dinner \*\*\*

7:00-8:00 pm Speaker

Member Fee: \$0; Non-member Fee: \$60.00

**All pre-registered attendees will receive a Free copy of the book “3 MPH”**

Registration will be available beginning March 16, 2012 at NAPM-Denver’s website:

[www.napmdenver.org](http://www.napmdenver.org)

## POLLY LETOFSKY; 3MPH



### Start Taking Little Steps to Your Big Feat....

On August 1, 1999, Polly Letofsky left her home in Vail, Colorado and headed west. She traveled across 4 continents, 22 countries, and over 14,000 miles – by foot – to become the first woman to walk around the world.

As an awareness campaign for breast cancer, survivors and well-wishers around the world came to walk with her. Every day strangers welcomed her into their homes and shared meals. The world had embraced her.

But in the middle of Polly’s five year journey, the world suddenly shifted on its axis when September 11 flung us all into a crossroads in world history. Polly suddenly found herself embedded in a vastly changing world and realized she could never retrace her step home – they’d vanished in a tide of world events.

Polly’s GlobalWalk has been featured in over 2,000 newspapers, magazines, radio, and television stations around the world, including Good Housekeeping, CNN International, The CBS *Early Show*, NBC’s *Your Total Health*, and Fine Living Channel’s *Radical Sabbatical*. Newcastle Productions has recently released *Polly’s GlobalWalk*, a documentary chronicling her journey.

A natural storyteller, since her return, Polly has been speaking to rapt audiences around the country. She richly details her journey with humor and honest reflection, the good times and the hardships. Sometimes serious, sometimes funny, always inspirational, Polly’s inspiring keynote personifies the spirit of commitment and perseverance that will compel your audience to take on life’s biggest challenges – one step at a time.